Ageing and Outdoor Mobility
A European Study
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With today’s spatial separation of spheres of life, mobility has become an important aspect of ensuring one’s everyday life and social participation. Due to the decline of physical and sensory competences, older people will find it difficult to maintain the requisite levels of mobility and, by this, social well-being and quality of life.

This book is based on a study carried out in four European countries (five urban regions) in 1995 and 1996, investigating how the mobility behaviour of elderly men and women is affected by various individual resources and differing cultural and environmental conditions. It concludes with implications for problem-solving strategies for meeting the mobility needs of the ageing population.
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